

La Quercia Coppa Americana

2/23/2010

Nutrition Facts	
Serving Size 1 oz (28g)	
Servings Per Container 56	
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Amount Per Serving	
Calories 120 Calories from Fat 80	
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% Daily Value*	
Total Fat 9g	14%
Saturated Fat 3g	15%
Trans Fat 0g	
Cholesterol 35mg	12%
Sodium 440mg	18%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Sugars 0g	
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Protein 8g	
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Vitamin A 0%	• Vitamin C 0%
Calcium 0%	• Iron 2%
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*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
Calories: 2,000 2,500	
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
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Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	