

La Quercia Guanciaie Americano

2/23/2010

Nutrition Facts	
Serving Size 1 oz (28g)	
Servings Per Container Varied	
Amount Per Serving	
Calories 200 Calories from Fat 190	
	% Daily Value*
Total Fat 21g	33%
Saturated Fat 8g	39%
Trans Fat 0g	
Cholesterol 30mg	9%
Sodium 240mg	10%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 3g	
Vitamin A 0%	•
Vitamin C 0%	
Calcium 0%	•
Iron 0%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	