La Quercia Pancetta April 2009

4/6/2009

Nutrition Facts

Serving Size 1 oz (28g)
Servings Per Container 4

Amount Per Serving

Calories 150	Calories from Fat 130
	% Daily Value*
Total Fat 14g	**22**%
Saturated Fat 5g	**26**%
Trans Fat 0g	
Cholesterol 20mg	**7**%
Sodium 320mg	**13**%
Total Carbohydrate 0g	**0**%
Dietary Fiber 0g	**0**%
Sugars 0g	
Protein 4g	

Vitamin A 0%	•	Vitamin C 0%	
Calcium 0%	•	Iron 2%	

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4