

# La Quercia Nduja

6/28/2013

## Nutrition Facts

Serving Size 1 oz (28g)  
Servings Per Container Varied

### Amount Per Serving

**Calories 180** **Calories from Fat 150**

% Daily Value\*

**Total Fat 17g** 26%

**Saturated Fat 6g** 30%

**Trans Fat 0g**

**Cholesterol 25mg** 9%

**Sodium 410mg** 17%

**Total Carbohydrate 1g** 0%

**Dietary Fiber 0g** 0%

**Sugars 0g**

**Protein 5g**

**Vitamin A 6%** • **Vitamin C 2%**

**Calcium 0%** • **Iron 2%**

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories: 2,000	2,500
Total Fat	Less than 65g	80g
Saturated Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4