

La Quercia Prosciutto Americano

05/01/2006

Nutrition Facts		
Serving Size 1 oz (28g)		
Servings Per Container 3		
Amount Per Serving		
Calories 70	Calories from Fat 30	
% Daily Value*		
Total Fat 3g	5%	
Saturated Fat 1g	6%	
Trans Fat 0g		
Cholesterol 10mg	4%	
Sodium 570mg	24%	
Total Carbohydrate 0g	0%	
Dietary Fiber 0g	0%	
Sugars 0g		
Protein 9g		
Vitamin A 0%	•	Vitamin C 0%
Calcium 0%	•	Iron 2%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:		
	Calories:	2,000 2,500
Total Fat	Less than 65g	80g
Saturated Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g
Calories per gram:		
Fat 9 • Carbohydrate 4 • Protein 4		